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that none need be afraid to begin. Basketry is, perhaps, the most popular kind of work, possibly because it is most easily learned and because it offers so much opportunity for the exercise of individual thought and idea. But the other arts all have their devotees—clay modelling, book binding, picture framing, kodak developing and printing, art illumination, leather work, even carpentering, for those who are able to do such work. It is surprising how eager and interested everyone becomes in all these accomplishments, from their very first attempts, what skill and ability they acquire, and what a wide variety of interesting, useful and beautiful things they make. Surely the workshop serves a purpose, in giving to the patients here a useful outlet for the increasing energy and will to do, which accompany a return to health.

Such, in brief, is the life in Trudeau Sanatorium in winter, full and varied in its interests and pleasures, a place where men and women may come to regain health and strength, energy and poise, amid the restfulness and peace of this wonderful mountain region. And let no one come with a heavy heart, but rather in anticipation of a really great experience, for it is a great experience to spend a winter in Trudeau.

THE NATIONAL WHITE CROSS LEAGUE

In the May Bulletin of the National Association for the Study and Prevention of Tuberculosis is a detailed account of the National White Cross League, what it is, and what it does. The League, through solicitors, who usually go from house to house, sells soap, toilet articles, extracts, etc., the profits from which sales are supposed to go for the care of consumptives. As the article shows, the percentage that is actually used for the treatment of tuberculosis is so small that any one who really wishes to help the campaign against this disease would hardly be justified in using the White Cross League as its agency. A copy of the Bulletin will be sent on request to the National Association for the Study and Prevention of Tuberculosis, 105 East 22nd Street, New York City.